

Hampton Parks, Recreation & Leisure Services
Athletic Division
2022 Adult Spring Softball Information

OFFICIAL RULES: NSA and HPRLS Rules and Regulations

TEAM ROSTERS MAXIMUMS: Men & Women **20** players, Co-Ed **35** players

EQUIPMENT: Women will use an 11" optic (**yellow**) softball with a maximum C.O.R. of .52. Men will use a 12" optic (**yellow**) softball with a maximum C.O.R. of .52. **Maximum Compression is 275 pounds.** Co-ed will use both a 12" and an 11" ball for male and female players respectively. All balls must have the NSA stamp. All bats must have the 2012 NSA stamp.

ROSTERS: All rosters must be turned in by 4:00 p.m. on Friday, April 1, 2022 at the Athletic Office located at 125 Franklin St Hampton 23669. Scheduled games will be forfeited until roster is turned in to the Athletic Division.

ENTRY FEE & REGISTRATION: The entry fee for the 2022 Spring League is \$450.00 (made payable to: City of Hampton) per team. There is a \$25.00 NSA Sanction fee payable to NSA.

Registration will be held at the Athletic Office first come first serve basis February 15 – March 18, 2022 from 8:30 a.m. – 4:00 p.m.

All leagues will play double headers for the regular season. Each league will play one night a week. Games will be 55mins.

MANDATORY MANAGER'S MEETING: 6:00 p.m. March 31, 2022 at Northampton Community Center

SCHEDULES: Will be available for pick up April 4 - April 8, 2022 between the hours of 8:30 a.m. – 4:00 p.m. at the Athletic Office or online at www.hampton.gov/athletics.

TENTATIVE DATES:

- Practice begins March 28, 2022. Please call the Athletic Office to reserve practice time on March 25, 2022.
- Regular Season begins April 11, 2022.

Athletic Office: 726-8750

Email: alex.wilks@hampton.gov

<http://www.hampton.gov/athletics>

